This lesson will give you a brief intro on the various Lights (Lamps) you can use in Blender.

****Notes:****

* Blender 4.2.2

****Timestamps:****

* 00:00 - Intro
* 00:05 - Render preview mode
* 00:58 - Adding a Light
* 01:45 - Point Light
* 03:59 - Sun
* 05:15 - Spot
* 06:20 - Area
* 07:19 - Outro